



Hari Om Blessed Self!  
Salutations !!!

1/25/2009

Spiritual unfoldment helps not only the individual but the entire family and society. Our Chinmaya Mission provides opportunities for our entire family to get educated and embrace our Hindu Sanathana Dharma. In addition to the Balavihar classes for children, we have Study Groups for parents. This allows for parents to focus on their own spiritual growth and help meet life successfully and reinforce the principles that our Balavihar children learn.

In order to help assimilate the Vedantic values in more detail and make it more relevant as we live our lives outside of the Balavihar Study Groups, I encourage you to enroll into the Chinmaya International Foundation's online courses at [www.chinfo.org](http://www.chinfo.org)

The Foundation e-Vedanta Course is an online course that anyone can do, at their own pace, at home and without any prerequisites. When followed faithfully, the course will help to gain maturity and spiritual stability leading to one's own personal unfoldment. The Advanced e-Vedanta course is a course that has been created as a successor class upon receiving overwhelming requests after the success of the Foundation e-Vedanta Course. The Advanced e-Vedanta course guides students and imparts an in-depth understanding of important Vedantic concepts. The course builds slowly and effortlessly and encourages self introspection and assimilation of the values.

Bhagavad Gita course and an online Sanskrit course is also going to be added shortly. All course information and signup info is available at [www.chinfo.org](http://www.chinfo.org). These courses are laid out wonderfully and are very appealing. They are easy to understand and guide a student methodically through the concepts. Many times people ask how we can apply the Vedantic principles especially when we return to our daily lives - after the time we spend in our Study Groups! These courses help make that assimilation easier. It is a personal journey that each one of you can take towards realizing the Blessed Self in all of us!

I encourage all of you to enroll in the e-vedanta online courses.

With Love,  
Swami Shantanandaji



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